

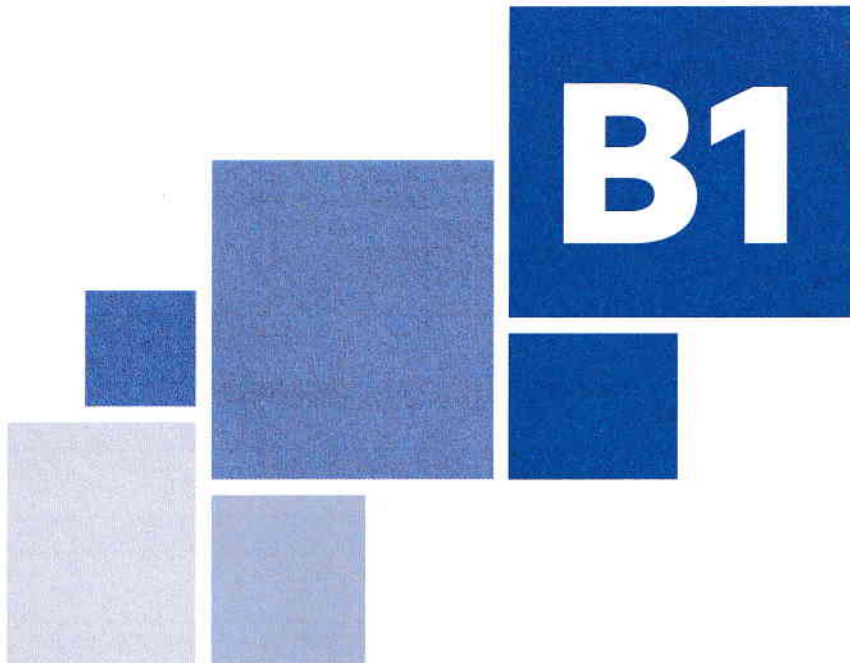
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# Speak < out

3<sup>RD</sup> EDITION



**Workbook**

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## VOCABULARY

### people and relationships

**1 A** Choose the correct word to complete the sentences.

- I'm going to ask my \_\_\_\_\_ if she can increase my pay.  
**a** colleague    **b** manager    **c** teammate
- I know a lot of people, but only a few of them are \_\_\_\_\_ friends.  
**a** big    **b** close    **c** near
- My \_\_\_\_\_ and I first met at a party last year, but we didn't become a couple until recently.  
**a** daughter    **b** parents    **c** partner
- I work for a small company, so I have few \_\_\_\_\_.  
**a** colleagues    **b** neighbours    **c** teammates
- My \_\_\_\_\_ and I played well, but we lost the match.  
**a** partners    **b** teammates    **c** colleagues
- When I was very young at school, I spent my summers at my \_\_\_\_\_ farm in the country.  
**a** children's    **b** daughter's    **c** grandparent's

**B** Complete the sentences. Use a preposition and the correct form of the words in brackets.

I <sup>1</sup> 'm friendly with (be / friendly) lots of people in the area, but only a few of them are close friends – old school friends and a couple of teammates from the football club.

My grandparents are both really funny. I <sup>2</sup> \_\_\_\_\_ (look) to them because they can make anyone laugh. Unfortunately, I <sup>3</sup> \_\_\_\_\_ (not take) either of them. I'm more similar to my dad, who is very serious!

My partner and I <sup>4</sup> \_\_\_\_\_ (get / well) when we first met, but these days we have a lot of arguments.

I changed jobs last year, but I still <sup>5</sup> \_\_\_\_\_ (stay / touch) with my old colleagues.

### personality adjectives

**2** Complete the sentences with a personality adjective. The first letter is given.

- A r \_\_\_\_\_ person always does what they promise.
- A h \_\_\_\_\_ person does things to support other people.
- Someone who is e \_\_\_\_\_ -g \_\_\_\_\_ is quite relaxed about things.
- If a person is p \_\_\_\_\_, they don't mind waiting in a queue.
- Someone who doesn't hold doors open for people behind them is r \_\_\_\_\_.
- A person who makes people laugh is f \_\_\_\_\_.
- Someone who is k \_\_\_\_\_ is nice to other people.
- A person who often gives their time, gifts or money to other people is g \_\_\_\_\_.
- Someone who loves telling other people what to do is b \_\_\_\_\_.
- A t \_\_\_\_\_ person likes to put things away.

## GRAMMAR

### present simple and present continuous; state verbs; adverbs of frequency

**3 A** The sentences below have a mistake. Choose the best option to correct the mistake.

- I usually sit in an office all day, but I work from home right now.  
**a** I worked    **b** I've worked    **c** I'm working
- I like tea, but I 'm preferring coffee these days.  
**a** I prefer    **b** I've preferred    **c** I preferred
- My car is needing a good clean at the moment.  
**a** needed    **b** needs    **c** has needed
- This week and next week, my friend and I travel around the country.  
**a** travelled    **b** have travelled    **c** are travelling

**B** Complete the email with the words in brackets in the present simple or present continuous form.

Hi Jen,  
 How are things? Life's not very exciting here but it's OK. I <sup>1</sup> \_\_\_\_\_ (save) up to buy a flat at the moment, so I <sup>2</sup> \_\_\_\_\_ (live) with my parents for a few months. I spend most evenings with my parents. We <sup>3</sup> \_\_\_\_\_ (watch) this really good series on TV at the moment. We all <sup>4</sup> \_\_\_\_\_ (like) it a lot. My closest friend <sup>5</sup> \_\_\_\_\_ (study) for a PhD right now, so she <sup>6</sup> \_\_\_\_\_ (usually / be) busy, but we often get together and play tennis. She <sup>7</sup> \_\_\_\_\_, (always / win) unfortunately. She <sup>8</sup> \_\_\_\_\_ (not know) it, but I <sup>9</sup> \_\_\_\_\_ (not work) this week. So, I <sup>10</sup> \_\_\_\_\_ (practise) tennis and maybe I'll win for a change!  
 Love, Becky

## PRONUNCIATION

**4** **1.01** | connected speech: *do you* | Listen and write the missing words.

- What time \_\_\_\_\_ get up in the mornings?
- How \_\_\_\_\_ to work?
- When \_\_\_\_\_ home in the evenings?
- \_\_\_\_\_ out at night?
- What \_\_\_\_\_ at the weekends?
- Who \_\_\_\_\_ the most time with?



5A 1.02 | Listen to the introduction to a radio programme. Choose the correct topic.

- a who people spend time with at the weekends
- b people and activities that help with stress
- c new skills that people are trying to learn

B 1.03 | Listen to the next part of the programme. Which caller (1–5) is positive about the following things?

- a music
- b family
- c competing with friends
- d doing exercise
- e being outside

C 1.03 | Listen again. Are the statements True (T) or False (F)?

- 1 Caller one lives near an area of nature.
- 2 Caller one enjoys going outside after work in the winter.
- 3 Caller two only sings a few kinds of songs.
- 4 Caller two and his friends sing in a group together.
- 5 Caller three chooses the game he and his friends play.
- 6 Caller three's friends make him laugh.
- 7 Caller four's children look like her.
- 8 Caller four would like to have more sleep.
- 9 Caller five only runs when it's dry.
- 10 Caller five runs at the end of every day.

6 1.04 | Listen and write what you hear. You will hear the sentences only once.

- 1 .....
- 2 .....
- 3 .....
- 4 .....



WRITING

a personal profile

7A Complete the online profile with the linking phrases in the box.

also as well as because for example too

About me ...

My name's Jess Arnold and I'm a science student at the University of Leeds. You can often find me looking at the night sky <sup>1</sup>..... I believe there is so much to discover about space, <sup>2</sup>..... our own planet.

I was born in a town near Leeds. My dad first got me interested in space when he took me out to look at the stars one night. I was five. I often follow the activities of different space agencies online and I read anything I can about the International Space Station, <sup>3</sup>..... I'm currently writing a blog and I'm <sup>4</sup>..... starting a video channel for kids, with videos on different topics, <sup>5</sup>....., about why stars die out.

If you love space and want to get in touch, contact me at [JArnold93@email.me](mailto:JArnold93@email.me).

B Number the topics in the order that you read about them in the profile.

- Current projects .....
- Job/Studies .....
- Name .....
- Regular activities .....
- Home town .....
- Personal beliefs .....

8 Imagine you are Jed Nowak. Write your personal profile. Write 100–140 words.

- Use the notes below.
- Use the profile in Ex 7A to help you.
- Include linking phrases.
- Start your profile with *My name's Jed Nowak ...*

Jed Nowak / musician / band called *Honest Truth* / believes music brings people together / thinks music makes people happy / thinks the world is a better place with music

grew up in Warsaw / moved to the UK when 12 / started playing guitar at school aged 14 / not very good at first / loved it / worked hard to become better / started the band with friends aged 17 / rock music his favourite / likes hip hop, rap, classical – all kinds / wants to get a contract with record company / wants people to listen to their music / band has a video channel – HonestTruthMusic

## VOCABULARY

### jobs; work

**1** Match the people and their skills (1–8) with the jobs in the box.

chef financial consultant gardener journalist  
 mechanic musician plumber shop assistant

- 1 James loves cars and fixing things. ....
- 2 Anna enjoys repairing things in the home that use water. ....
- 3 Harley is good at growing plants. ....
- 4 Theo has a good understanding of taste and enjoys cooking. ....
- 5 Billie is a guitar player in a band. ....
- 6 Maria is a very good writer. ....
- 7 Martina enjoys maths and is good with numbers. ....
- 8 Jon is good at helping customers. ....

**2A** Complete the conversation with one word in each gap. The first letter is given.

A: What do you do?

B: I'm <sup>1</sup>o\_\_\_\_\_ of w\_\_\_\_\_ at the moment, but I'm a <sup>2</sup>v\_\_\_\_\_ at a charity shop while I look for a job. It's not <sup>3</sup>f\_\_\_\_\_ -t\_\_\_\_\_. It's just a few hours a week and of course I don't get any <sup>4</sup>w\_\_\_\_\_, but I've got some money saved and I enjoy the work. How about you?

A: I'm a financial consultant. I'm <sup>5</sup>r\_\_\_\_\_ for helping people make decisions about their money. I had a <sup>6</sup>c\_\_\_\_\_ as a model for a while, but I decided that I wanted to work with numbers rather than fashion designers! It's a more enjoyable <sup>7</sup>p\_\_\_\_\_ for me. I studied <sup>8</sup>p\_\_\_\_\_ -t\_\_\_\_\_ while I was a model so I could get the <sup>9</sup>q\_\_\_\_\_ that I needed. Now I <sup>10</sup>r\_\_\_\_\_ my own business from home.

**B** Choose the correct word or phrase to complete the sentences.

- 1 My job is \_\_\_\_\_. I work sixteen hours a week.  
 a out of work    b part-time    c responsible
- 2 We get paid our \_\_\_\_\_ every Friday, but I don't think we get paid enough!  
 a wages    b qualifications    c career
- 3 I'm \_\_\_\_\_ for managing the shop.  
 a full-time    b responsible    c out of work
- 4 The teaching \_\_\_\_\_ needs positive, patient and kind teachers.  
 a profession    b qualification    c career
- 5 You need college \_\_\_\_\_ to be a plumber.  
 a volunteers    b wages    c qualifications
- 6 Alex is \_\_\_\_\_ at the moment, but hopefully he'll have a job soon.  
 a full-time    b responsible    c out of work

## PRONUNCIATION

**3** syllable stress | Choose the stressed syllable in each of the words.

- |              |              |            |
|--------------|--------------|------------|
| 1 assistant  | 3 financial  | 5 mechanic |
| 2 consultant | 4 journalist | 6 musician |

## GRAMMAR

### verb patterns

**4A** Complete the sentences with the correct form of the verbs in brackets.

- 1 I'm interested in \_\_\_\_\_ (learn) Chinese.
- 2 \_\_\_\_\_ (work) at night can be really tiring.
- 3 Before \_\_\_\_\_ (start) university, I worked abroad for two months.
- 4 I've decided \_\_\_\_\_ (get) a pet.
- 5 I can't imagine \_\_\_\_\_ (live) in a huge house.
- 6 We'd like \_\_\_\_\_ (have) the pasta, please.
- 7 I miss \_\_\_\_\_ (see) my friend now he's moved to a different city.
- 8 \_\_\_\_\_ (hear) the news has made me feel sad.

**B** Choose the correct word or phrase to complete the sentences.

- 1 We \_\_\_\_\_ see you soon.  
 a hoping to    b hope    c hope to
- 2 I promise \_\_\_\_\_ all the dishes if you cook.  
 a to clean    b cleaning    c clean
- 3 After \_\_\_\_\_ the first page of this book, I don't think it's for me.  
 a read    b to read    c reading
- 4 I try to avoid \_\_\_\_\_ anything that I don't enjoy.  
 a do    b doing    c to do
- 5 Tom and Mike have decided \_\_\_\_\_ a boat.  
 a buying    b to buy    c buy
- 6 Please stop \_\_\_\_\_ that loud noise!  
 a make    b to make    c making

**C** Complete the article with the correct form of the verbs in the box.

be do (x2) have help relax see teach

When we agree <sup>1</sup> \_\_\_\_\_ volunteer work, it's not just about <sup>2</sup> \_\_\_\_\_ other people, it's about making ourselves feel better, too. That's because when we support others and they succeed, we get a sense of satisfaction. Imagine <sup>3</sup> \_\_\_\_\_ the smile of a child when they score a goal, or create a piece of art. Of course, you don't have to be good at <sup>4</sup> \_\_\_\_\_ art or sport, or have special qualifications. There are lots of volunteering jobs. Whatever you decide <sup>5</sup> \_\_\_\_\_, you should expect <sup>6</sup> \_\_\_\_\_ busy. Plan <sup>7</sup> \_\_\_\_\_ some free time and spend that time <sup>8</sup> \_\_\_\_\_.

## 5A Read the title of the article. Then choose the correct topic.

- a a charity that organises free drinks for people in need
- b a scientist's recipe for a perfect cup of coffee
- c a coffee drink that tastes different



## Helping people, one cup of coffee at a time

When John M. Sweeney heard about an Italian activity called *caffé sospeso*, it gave him an idea that soon travelled the world. *Caffé sospeso* was once **popular** in Naples. Working class people who had good luck bought two coffees instead of one. They gave the second coffee to someone who didn't have enough money to buy their own coffee that day. This was most popular in the late 1800s and mid-1900s, but a few businesses in Naples started doing it again in 2010. A year later, the local government decided to call 10 December 'Caffé Sospeso Day'.

Sweeney **found out** about *caffé sospeso* two years later and believed that more people should know about it. So, in 2013, he started a Facebook page called *Suspended Coffees* from his home in Ireland. He **suggested** that people pay for two coffees when they next go into a café and give one coffee to someone in need. Within just a few hours, 20,000 people liked his page. At the end of the first year, over a quarter of a million people were **following** the page, and 1,400 cafés around the world joined in.

The idea has now become popular all over the world. You can find cafés which let people buy coffees for other people in Europe, America, Africa, Asia and Australia. The world's biggest café company is doing it, too. So, who exactly can ask for a free coffee? Well, the idea is anyone can. It can be a person who is living on

the streets, a businessperson who has just lost their job and is worried about paying their bills, a parent who spends everything they have on their children, or someone who is just having a **horrible** day and wants to feel better. The idea behind *Suspended Coffees* is that people are usually **honest**, so when someone asks for a coffee, they get one. They don't have to explain why, so no one should feel nervous about asking.

So, *caffé sospeso* isn't just something that was popular in Italy in the past. It's something that is popular around the world, and helps to make people's lives a little better.



## B Match the gaps in the sentences (1–6) with the types of information that are missing (a–f).

- 1 The idea of *caffé sospeso* started in \_\_\_\_\_, Italy.
- 2 Years later, *caffé sospeso* became popular again in Italy in \_\_\_\_\_.
- 3 People celebrate this tradition in the second week of \_\_\_\_\_ each year.
- 4 John M. Sweeney shared information about *caffé sospeso* on \_\_\_\_\_.
- 5 \_\_\_\_\_ cafés became part of the 'Suspended Coffees' programme during the first year.
- 6 One example of someone who might get a free coffee is a \_\_\_\_\_ who spends all their money on their children.

- a a number
- b an online site
- c a city
- d a type of person
- e a year
- f a month

## C Complete the sentences in Ex 5B with one word or number from the article.

## D Match the meanings (1–6) with a word or phrase in bold in the article.

- 1 gave an idea about how to do something \_\_\_\_\_
- 2 very bad \_\_\_\_\_
- 3 choosing to get messages from a social media page \_\_\_\_\_
- 4 giving true information \_\_\_\_\_
- 5 learnt \_\_\_\_\_
- 6 liked by lots of people \_\_\_\_\_